



Whitlingham Adventure



Join us for Pudsey Paddle

on Thursday 14th November

in support of

BBC Children in Need



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**Educator
Solutions**

Pudsey Paddle XIII – Calling all Heroes

'The Pudsey Paddle Trophy' is now a well established fund raising event for BBC Children in Need held at Whitlingham Adventure in Trowse. Noted for its fun and the spectacular efforts of its fancy dressed participants the annual race is a yearly highlight for many.

Schools from across the region take part in the race which is now in its thirteenth year!!

Teams of between 4 to 6 people paddle their dual hulled canoes (called a Katakana) to the finish in a fun time trial race event. Each team have a minimum of two races over the session and the team with the fastest time overall will be awarded the title of **Pudsey Paddle Champions 2019**. There is also an award for the best dressed team.

Event details; Date: Thursday 14th November 2019 - from 10:00 to 12:00

- Teams of between four to six people, (this can include teachers) paddle their dual hulled canoes called Katakana's to the finish line in a fun time trial race.
- The event is free to schools, however it would be great if you could do your own fundraising to donate to BBC Children in Need.
- Schools can enter as many teams as they wish, but must give prior notice of numbers to ensure we are able to accommodate.
- Fancy dress is encouraged, which could be as simple as paddling in your pyjama's.
- Team info sheets must be received in advance of the day and to include Team Name / Team Captain / Individuals names and medical info/emergency contacts.

Approximate Timings	Activity
10:00 - 10:15	Arrive at Centre. Sign in and find a table for your team.
10:15 - 10:30	Briefing for teams & kitting up
10:30 - 11:45	Race heats
11:45 - 12:00	Results and awards
12:00 - 12:30	Lunch on deck / Teams leave

To book your school in to participate in this event please complete and return the 'Pudsey Paddle Trophy XIII' Team Information Sheet (available on request), you can return this by emailing whitlingham@educatorsolutions.org.uk.

Participants should bring:

- Warm clothes, appropriate for the day and a change of clothes
- Old trainers that you don't mind getting wet/dirty
- A towel
- Water and hot drinks will be available but please bring any other refreshments you require.
- Lots of enthusiasm and energy to have a good time
- Fancy dress (there is a prize for the best!)

Directions to Whitlingham Adventure:

Whitlingham Adventure is just 10 minutes from the city centre.

Follow signs for Trowse, once in the village turn left opposite the Church, down Whitlingham Lane. Pass the Norfolk Ski Club on your right and Whitlingham Adventure can be found 500 yards on your left. Park at Lime Avenue car park - sign posted Whitlingham Adventure.

Please note: Car parking charges apply to all users but Whitlingham Charitable Trust operates a 25-minute grace period for customers of Whitlingham Adventure. If you stay longer than 25 minutes, please see the charging tariffs and terms at the pay and display machines. All funds raised go to the upkeep of Whitlingham Country Park. Then take a short walk between the two broads to the centre. There is no road access to the centre except for disabled access.

Any questions about the event should be directed to the bookings team at Whitlingham Adventure on 01603 632307 or email whitlingham@educatorsolutions.org.uk