

Explore Ponds, Lakes or Broads

Here are some ideas of how you can use the beautiful outdoors in a fun and safe way. Please ensure you have read the [Introduction to Norfolk Summer Outdoors](#) for some important safety tips to help you along your way.

We have made this guide interactive so please click on the blue underlined section to follow the website links.



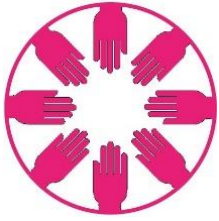
Give back (and care)

- Find out how to take care for [freshwater habitats](#). Why is it [important](#) we look after them?
- Ensure everyone stays [pond safe](#) and [water safe](#) near deeper water
- Safely collect litter to leave the area cleaner
- Build a [mini-pond](#) at home to attract wildlife



Take notice of nature

- What different shapes does the water make?
- Try shutting your eyes and identify the [sounds](#)
- Spot a [Damselfly or Dragonfly](#), [Whirligig Beetle](#), [pond skater](#) or [other creatures](#)
- Notice [plants](#) that grow in and around the water



Connect with others

- Take photos to remember the day – share with family or friends
- Plan visits to ponds and lakes as a group
- Talk to friends and family about the ponds and lakes they may have visited as children.



Be active in the outdoors

- Research online and ask others about suitable [ponds](#) in your area that public can visit.
- Visit larger [lakes](#) and [Broads](#) (like [Whitlingham](#))
- Visit a [Norfolk Wildlife Trust Reserve](#)
- Go [Pond Dipping](#)
- See if you can identify [birds and animals](#) who live in and around the freshwater.
- Spot [Amphibians](#)
- Make a [mini raft](#)
- *Safely* get out on the water on [canoe, kayak or SUP](#)



Keep learning

- Use the Wildlife Trust [Ponds for All booklet](#)
- Identify the [water-birds](#) you spotted?
- What is the [Water Cycle](#)? How does this link with weather?
- Research the [life cycle](#) of your chosen pond
- Learn about the history of the [Broads](#)
- Virtual [Pond Dipping](#) and [Pond Dipping experiment](#)

For further resources please see;

Ponds

- The [Norfolk Ponds Project](#)
- Manage [your pond](#)

Broads

- Walks near [Norfolk Broads](#)
- [Accessible broad walks](#)

