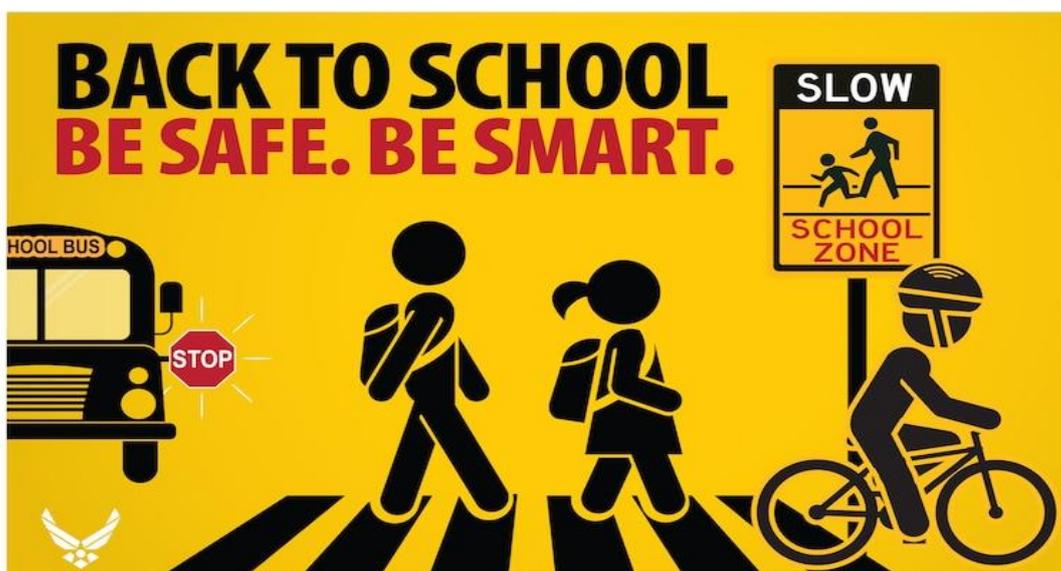


Back to School

Here are some ideas of how you can use the beautiful outdoors in a fun and safe way. Please ensure you have read the [Introduction to Norfolk Autumn Outdoors](#) for some important safety tips to help you along your way.

We have made this guide interactive so please click on the blue underlined section to follow the website links.



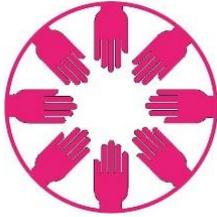
Give back (and care)

- Ways to support students back to school. For: [parents](#), [young people](#), [Teachers](#) and [Special Education Needs & Disabilities](#)
- Take care getting to and from school, including:
 - [Social distancing](#)
 - [Road safety](#) and [Teaching road safety](#)
 - [Cycling](#) and [Cycling support funding](#)
- Can you make a commitment to [reduce waste](#)?
- [Eden project have some great ideas](#)
- What did you [miss in your school grounds](#)?



Take notice of nature

- Use the Norfolk Autumn Outdoors '[Changing Seasons](#)' activity sheet to observe Autumnal changes in the school grounds
- Look out for: [fruits and seeds](#), [Daddy-long legs \(Crane fly\)](#) and [ladybirds](#) looking to hibernate
- Enjoy windy days. Use the [Beaufort Scale](#) to help you measure the [wind](#)
- Study the [stars](#). Four ways to [bring night sky into your classroom](#)



Connect with others

- Use the walk or drive to school to wake up with thinking and speaking games like [the picnic game](#) and [Fortunately/Unfortunately](#)
- Being in nature can make you [happier](#).
- Keep your area and school tidy by [litter picking together](#) on the way to and from school
- Everyone will have had different experiences since you last saw them, ask about them as part of reconnecting.



Be active in the outdoors

- Make an [Autumn ID dial](#)
- [Make an Anemometer](#) to watch the wind speed
- Go on an [Autumn Treasures Hunt](#)
- See about [creating a map](#) and setting up an [orienteeing course](#) or [photo orienteeing](#) at your school
- Organise outdoor games like – football, cricket, golf, hide and seek, [forty-forty](#), manhunt, [keeper of the keys](#) or [other games](#)
- Can you locate all of the Autumn items from the [spotter sheets](#) (what items from other seasons can still be found?)
- Some simple [Outdoor Nature lessons](#)



Keep learning

- Learn about [Science Citizen](#) and [projects](#)
- The Norfolk Coast is full of [history](#) and [fossils](#)
- What can we learn from [soil](#)?
- Discover how to navigate [without a map](#)
- Look out for [tracks](#) and other [evidence of animals](#) in your school grounds
- Learn how does [exercise affect your body](#)
- Learn why some leaves [change colour and drop](#)

For further resources visit;

- Norfolk County Council [Back to School](#) website
- [Government guidance](#) for re-opening in COVID19
- [BBC article](#) on school returning first-day nerves
- Woodland Trust - [First Signs of Autumn](#)
- Free [teaching resources](#)
- Encourage wildlife using ideas from [The Wilderness Foundation](#)